Online-Course
Health and Human Rights – Dimensions and Strategies

In short
In recent years, there has been increasing recognition for the importance of human rights in the health sector. The human right to the “Highest Attainable Standard of Physical and Mental Health” (in short: the right to health) is an internationally acknowledged frame of reference, and offers distinct guidelines for health policies based on human rights. In cooperation with the WHO, InWEnt has developed the e-learning course “Health and Human Rights - Dimensions and Strategies”. This course facilitates a profound understanding of the correlation between health and human rights, as well as tools to put the human rights approach into practice. The course is implemented in collaboration with the WHO. During all phases of the course, experienced facilitators and experts continuously support the participants.

The right to health
Today, the right to health is an integral part of international as well as national human rights treaties. Numerous countries worldwide have integrated it into their constitution; it is put into practice by means of national as well as international health activities. These governments have committed themselves to the obligation of health-related human rights.
To comply with this commitment, health policies must meet the fundamental requirements of transparency and accountability.
The right to health offers a framework of action for health experts, and widens perspectives, particularly for the improvement of health care conditions of underprivileged groups within the population.

Based on this framework, public health can become systematically integrated into the realisation of the right to health and other health-related human rights.

Target groups
This online course was designed for professionals in the field of public health, as well as human rights activists. It is suitable for employees of government and non-government organisations, as well as staff members of the WHO and other UN-institutions. The participants understand the correlation between health and human rights; they learn to apply appropriate strategies in their own work, to view health policies and activities from a human rights perspective, and to put the human rights-based approach into practice.

Right to Health
In 1946, the World Health Organization integrated the “Right to Health” into its constitution:

"The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition."

Preamble of the WHO Constitution
Course objectives at a glance

The participants improve their competence and

- Recognize the key linkages between health and human rights
- Understand the legal framework for international human rights
- Analyse and assess public health policies and programmes from a human rights perspective
- Apply a human rights-based approach to their own work
- Design human rights-based health strategies
- Identify key mechanisms and instruments of a human rights-based monitoring and evaluation process

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InWEnt – Capacity Building International, Germany, is a non-profit organisation with worldwide operations dedicated to human resource development, advanced training, and dialogue. Our capacity building programmes are directed at experts and executives from politics, administration, the business community, and civil society. We are commissioned by the German federal government to assist with the implementation of the Millennium Development Goals of the United Nations. In addition, we provide the German business sector with support for public private partnership projects. Through exchange programmes, InWEnt also offers young people from Germany the opportunity to gain professional experience abroad.

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